



Contract Manufacturers & Merchant Exporters
Rising Beyond Boundaries

GUAVA - INDIA



GUAVA

Product Details: Grown in the fertile soils of India, guavas are known for their delightful balance of sweetness and tartness. Packed with nutrients, these guavas are sun-ripened and handpicked to ensure optimal flavor and freshness.

HS Code (Harmonized System Code): 08043000
(Fresh or dried guavas).

Nutrient Value:

- Rich in Vitamin C (4 times more than oranges)
- High in Fiber
- Packed with Antioxidants
- Contains Essential Minerals like Calcium, Potassium, and Magnesium
- Low in Calories

Benefits:

- Boosts Immunity
- Aids Digestion and Promotes Gut Health
- Helps Lower Blood Sugar Levels
- Improves Heart Health
- Promotes Healthy Skin



EXPORT DETAILS

Product Details: The fruit is a good source of Vitamin C, Pectin, Calcium and Phosphorus. Nutritionists often classify it under “Super-Fruits” due to its varied Bioactive Compounds and significant Antioxidant Activity. In addition, it can offer Four times more Vitamin-C than an average sized Orange fruit. Pharmacological studies also demonstrate its Anti-Microbial, Anti-Diarrheal, Anti-Diabetic, Anti-Allergic, Anti-Plasmodia, Anti-Spasmodic and Anti-Inflammatory activities.

Container Box Stuffing: 4100 Boxes per 40 Ft. Reefer Container

Container Pallet Stuffing: 4100 Boxes per 40 Ft. Reefer Container,
1Pallet=200 Boxes, total 20 Pallets/1baby Pallet=100 Boxes

Net Weight per Box: 3.5 kg

Gross Weight per Box: 4.5 kg

Temperature: 2°

Pieces per Box: 15-16

Bric:18

Product Size: 6-8 cm in Diameter

Shelf Life: 35 days (in Reefer Container)

Color: Greenish Yellow (for Export) with Varying Ripeness Stages



GUAVA (VNR)



Registered Farmers: 89.

Under Cultivated Area: 122 Acres.

Average Size of Fruit: 300+ Gm

Benefits: More Sweetness, Easy Availability of Essential Nutrients.

Packaging

Available: 3.5kg Corrugated Boxes with Foam Packed Guava's.

Shelf Life: 35 Days.

Transportation: Air Shipments and Sea Freights.



8 Health Benefits of Guava Fruit and Leaves

- May Help Lower Blood Sugar Levels. ...
- May Boost Heart Health. ...
- May Help Relieve Painful Symptoms of Menstruation. ...
- May Benefit your Digestive System. ...
- May Aid Weight Loss. ...
- May Have an Anti-Cancer Effect. ...
- May Help Boost your Immunity. ...
- Eating Guavas may be Good for your Skin.



EXOTIC GUAVA

GUAVA (TAIWAN PINK)



Registered Farmers: 120

Under Cultivated Area: 150 Acres

Average Size of Fruit: 500gm

Benefits: Good for Diabetic Patients,
Easy Fulfilment of Nutrients in Body.

Packaging

Available: With Foam Packaging and
Fruit Pad In 5 Kg or 10 Kg Corrugated
and Foam Boxes.

Shelf Life: 35 Days

Transportation: Mostly Air Shipments
and Sea Freights.



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- Eating Guavas may be Good for your Skin.







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